



# Chrysalis Training

Chrysalis has supported transgender people and their significant others since 2005 through exploration of gender identity and transition

Keeping up to date with the latest research, policy and social change for transgender people Chrysalis offers expert training on the most current topics

- ◆ Trans+ Awareness
- ◆ Working with Transgender Clients
- ◆ Counselling Transgender Clients
- ◆ Working with Significant Others
- ◆ Bespoke training courses
- ◆ Toolbox talks

Book a standard 3 hour course at your place of work for up to 15 people for £300 + expenses. Toolbox talks are expenses only

Open training courses run monthly in Southampton on the second Thursday of each month at 2pm-5pm and 6pm-9pm. £40 per session professionals, £20 charity and £10 students

All 3 hour course attendees are provided with a Certificate for Professional Development

Contact the Chrysalis office team for booking or more info  
01489 589111 [info@chrysalis-gii.org](mailto:info@chrysalis-gii.org)



# Chrysalis Training

## Transgender Awareness

This 3 hour training course provides an introduction to terminology, an understanding of the science behind gender identity, the process of transition and the impacts of being transgender on an individual. Inform your practice and come away with practical policy writing tools

## Working with Transgender Clients

A 3 hour course for those supporting transgender people with targeted triad work informed by Chrysalis' expert knowledge of the experiences of transgender people seeking support. Suitable for social workers, support workers and other care professionals

## Working with Significant Others

A 3 hour course looking at the challenges faced by those affected by someone else's transition. Suitable for accommodation professionals, advisors and those working with the general public

## Counselling Transgender Clients

A 3 hour course for counsellors who wish to develop their practice. Run by a qualified Person-centred counsellor and psychotherapist and supervisor with over seven years experience working with trans clients and counsellors supporting trans clients

## Toolbox talks

A 20 minute introduction to gender awareness and the support Chrysalis offers to transgender people and their significant others